

HADO MUSIC™

HADO MUSIC CORPORATION
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Disclaimer: Please Read: Hado Music and the information contained in this booklet is not intended as a medical diagnosis or treatment. Hado music is not intended nor should it be used as a replacement for qualified medical treatment. The occurrence of pain and/or immune system problems could be a sign of serious illness. All medical problems should be referred to a qualified physician for diagnosis and treatment. The information in this document is subject to change without notice.

HADO MUSIC™ "A blending of Science and Music"

Hado (pronounced ha-doe) is the Japanese word for resonance wave. Resonance can be free flowing yet hold form. For many people, listening to music brings out a wide variety of emotions. While listening to music, you may feel happy and energized, you may feel sad, you may feel relaxed. This is the result of the body's physiological response to the acoustic sounds produced in the music. Using sophisticated magnetic resonance test equipment, we have developed methods which can measure the human body's response to acoustic sounds.

The Magnetic Resonance Analyzer, "MRA"™ is a scientific instrument we have used to develop new methods of measuring the body's response to the musical notes of various instruments. In the testing laboratories of Magnetic Resonance Diagnostics Corporation, research in magnetic resonance analysis and therapeutics has been ongoing for many years.

Biophysics researcher, Ronald Weinstock, theorizes that just as magnetic resonance pattern combinations can be therapeutic, so can the equivalent combinations of acoustic sound patterns (acoustic resonance). The main difference between magnetic resonance and acoustic resonance is the difference in their wavelengths and methods of transmission. To test this theory and determine equivalent magnetic and acoustic patterns, MRA test equipment was set up in the laboratory along with various musical instruments.

Composer and musician, Alan Roubik, produced full ranges of musical test notes while the exposed test subjects were attached to MRA equipment. Ronald Weinstock performed running MRA analyses on the subjects and recorded the notes, octaves and sounds producing positive physiological and magnetic resonance responses.

Utilizing these charted resonant therapeutic notes, Alan Roubik created these very special compositions which have been described by many as life giving and healing. The end result is an extraordinary album that is both therapeutic and entertaining.

Hado music for your health and enjoyment...
We wish you all the best.
Ronald J. Weinstock

Ronald J. Weinstock: Research Scientist

Born In Los Angeles on March 14, 1960, Mr. Ronald J. Weinstock is a scientific and medical researcher whose background consists of over 21 years in the medical field. Mr. Weinstock began working in the medical field at the age of 14 assisting a pathologist at a local hospital. At 17 years of age, while still in high school, he became the youngest student to participate in the medical student clinical program at the Los Angeles County USC Coroner's office. In this program, Mr. Weinstock worked directly under the late Assistant Chief Coroner, Dean V. Wisley, assisting with post mortem examinations and coroner investigations,

While attending the University of California at San Diego, Mr. Weinstock gathered experience working in the emergency and operating rooms of several Southern California hospitals. He completed UCLA's Emergency Medical Technician program in 1981 and received a commendation from the city of Beverly Hills in 1982 for his work with the American Heart Association and the Beverly Hills Fire Department as a CPR instructor.

In 1982 Mr. Weinstock developed a toxicology test system which was put into use in over 50 clinics in 8 countries. Included were two national Health Service hospitals in Great Britain. While in Europe, Mr. Weinstock met several researchers studying the potential uses of electromagnetic energy in medicine. Encouraged in his long standing goal of the applied integration of physics and biology, his piqued interest in biophysics eventually led him toward development of the Magnetic Resonance Analyzer technology.

Mr. Weinstock is a noted worldwide lecturer and has lectured to and trained physicians and scientists in 10 countries. He is the Chief Executive Officer of Magnetic Resonance Diagnostics Corporation and Hado Music Corporation. Mr. Weinstock currently coordinates continuing Magnetic Resonance Analyzer development as well as research programs at Magnetic Resonance Diagnostics Corporation in conjunction with a major U.S. University. Mr. Weinstock also serves as chairman of the Disaster Assistance Response Team working through the City of Thousand Oaks and the Ventura County Sheriff's Department.

Mr. Weinstock Is listed in Marques' Who's Who.

Alan Roubik: Composer, Pianist and Producer

Born in Los Angeles on January 25, 1966, Alan Roubik displayed his talent for music at the age of 3, able to play whole melodies by ear and memory on his organ keyboard.

Raised in the city of Monterey Park, California, Mr. Roubik was known in grammar school through college as a talented rag time pianist, performing his own contemporary compositions only for close friends. Though continually practicing and developing his compositional and performance skills on a daily basis from the age of 9, Mr. Roubik regarded music as a hobby up until his last year in college.

Mr. Roubik graduated from California State University, Los Angeles in 1989, receiving a Bachelor of Science degree in Business Administration, with emphasis in Administrative Management.

In 1992, Mr. Roubik established his own record label, Roubik Records. Consequently, he is also president of Hado Music Corporation, sharing the many responsibilities in the production and release of Hado Music products with his business partner and friend, Ronald J. Weinstock.

Mr. Roubik's first CD, Promises, released in the United States in mid 1994, became an immediate success as an independent nationwide release. By the end of that same year, Mr. Roubik produced and appeared in the romantic music video Promises, which was released in January 1995.

The music video from the title track is seen in more than 23 million U. S. homes, via cable and satellite channels.

Mr. Roubik is regarded by many in the music business as a premier American composer and contemporary jazz artist, is well respected and in big demand.

Mr. Roubik's compositions are romantic, vibrant, and brilliant. His music will warm your heart and touch your soul regardless of age and is a blend of pop, jazz, and classical music performed by some of the great musicians of our day.

THE SCIENCE BEHIND THE MUSIC Science Technology and Imagination

Magnetic Resonance Diagnostics Corporation was formed in 1987 to further the development of magnetic resonance technology. While most people know of magnetic resonance as a medical imaging technology (Magnetic Resonance Imaging - MRI), the founders of Magnetic Resonance Diagnostics Corporation realized the tremendous potential of magnetic resonance technology in areas other than medical imaging.

Having first spent many years researching magnetic resonance technology and its potential applications, they discovered that product development in this area had tremendous applications not only in the medical field, but in commercial, industrial, agricultural and environmental areas.

Magnetic Resonance Diagnostics Corporation currently develops and manufactures equipment that is able to detect, measure and/or introduce minute alterations of magnetic resonance patterns in tissues or substances. Current products include magnetic resonance medical diagnostic devices, therapeutic and pain control devices, drinking water treatment equipment, and cosmetic analysis and imprinting workstations.

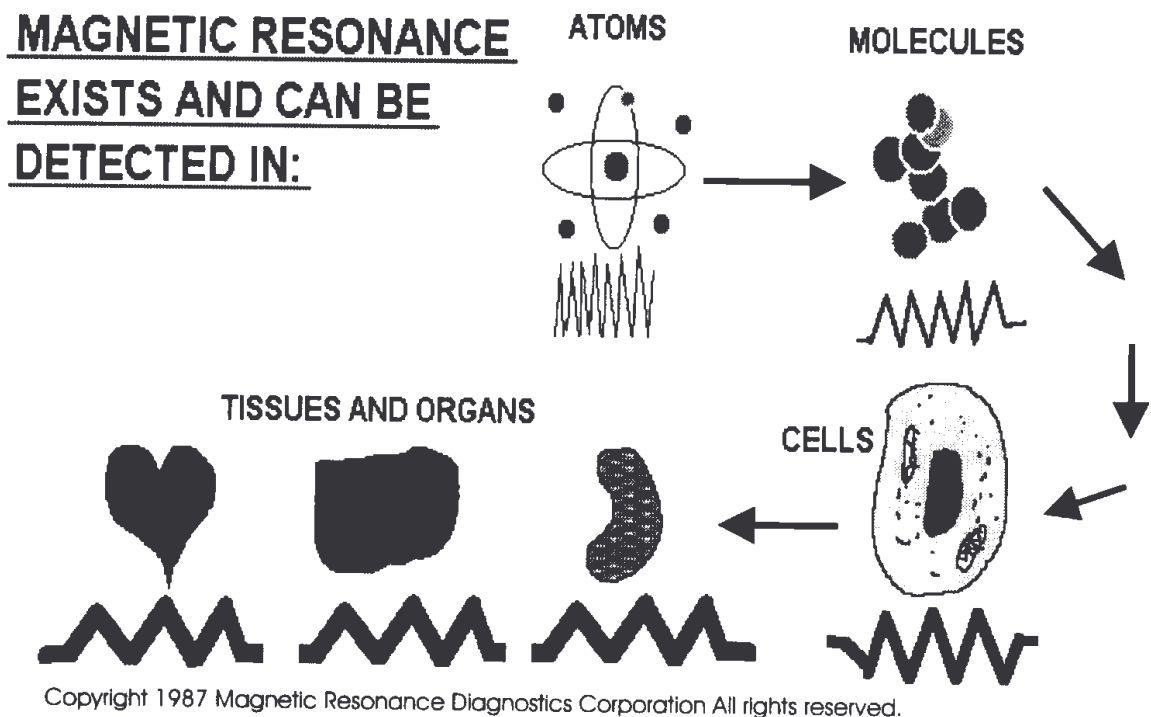
SCIENCE A Crash Course in Atomic Physics

Magnetic resonance technology is rooted in atomic physics. An atom contains a negatively charged electron shifting positions around a positively charged proton combined with a neutral neutron, this being the nucleus of the atom. The nucleus of the atom is positively charged. The action of the negatively charged electron shifting positions around the nucleus of the atom creates a friction or energy emission which can be described as a magnetic resonance. Every atom has its own specific magnetic resonance signature or value.

All substances as we currently understand are composed of atoms. Atoms are composed of electrons, protons, and neutrons. Electrons have a negative charge, protons have a positive charge, and neutrons have a neutral charge. Protons and neutrons bind together to form the nucleus of an atom. The combined neutral and positive charge of the protons and neutrons creates a positive charge for the nucleus of an atom. The electrons have a negative charge. It was once believed that the electrons orbited around the nucleus of the atom like planets orbit around the sun. Quantum physics has demonstrated that this is not quite true. The electrons rapidly shift

positions in various patterns around the nucleus of the atom. The electrons shift position and form what we call an electron cloud. Every atom has its own specific electron cloud which, due to the number of electrons and path of their position shifting, creates an actual shape. The negative electrons shifting positions by the positive nucleus creates a friction between the positive and the negative charges. This friction creates a small energy emission which can be described as a resonance. Every atom has its own specific resonance based upon the number and pathway of its electrons. Magnetic resonance, put simply, is a reflection of atomic movement. Atoms bind together into molecules. Every molecule has its own specific resonance pattern based upon its sum total of atomic resonance patterns.

Molecules bind together into various substance "s, or in the case of organic biology, cells. Every cell has its own specific resonance pattern based upon the sum total of the molecular resonance patterns and atomic resonance patterns. The cells combine into various tissues and organs in our body. Every tissue and organ has its own specific resonance pattern based upon the sum total of cellular resonance patterns, molecular resonance patterns, and atomic resonance patterns.



In the case of inorganic substances, every substance has its own specific resonance pattern based upon its sum total of molecular resonance patterns. So [any] substance that we can perceive has its own specific identifying resonance pattern.

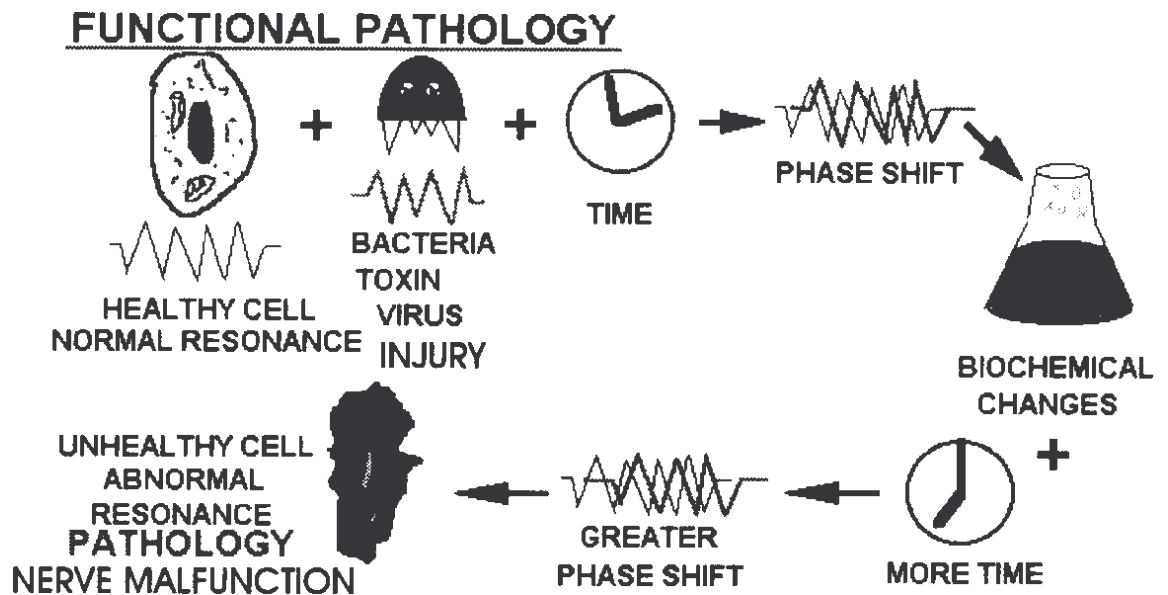
In the case of biology, a normal healthy cell will exhibit a normal resonance pattern. When that healthy cell encounters a toxin, a virus or bacteria or even a blunt trauma type of injury, the first thing that happens is the normal resonance pattern of that cell becomes shifted out of phase. The methodology in which the offending entity can cause a phase shift is analogous to holding two magnets and reversing the poles. One position will create an attraction. The opposite position will create a repulsion--the repulsion being a shifting in the magnetic field.

An entity which is able to offend the resonance of a specific tissue cell on the minute physics level simply has a stronger resonance than the resonance of the specific tissue or cell. That stronger resonance causes a shift in the phase of the cell's resonance.

In the case of a blunt trauma injury the resonance of the material that is creating the blunt force trauma is stronger than the resonance of the tissue or cell and that resonance magnetically phase shifts the resonance in the cell. The main difference between a disease process and a blunt force trauma is the amount of time in which it takes to occur. Whereas a disease process may take years, a blunt force trauma can occur in microseconds.

When there is sufficient phase shift in the healthy tissue or cell, we eventually get biochemical changes. A phase shift in cellular resonance filters down to a phase shift in the atoms which make up that cell. A phase shift in atoms means an alteration in the electron cloud. The electron cloud which gives the atom structure becomes altered and the atom loses its structure. When there is a large degree of phase shift, many atoms have had a change in their structure. When enough atoms have had alterations in their structure you get a blending together of the atoms. Sometimes this phenomenon resembles lumpy mashed potatoes rather than succinctly formed atoms.

When enough fields of these atoms have lost their structure, eventually we get molecular alterations which cause the biochemical changes. When an even greater degree of phase shift occurs or the phase shift continues for a long enough time, we eventually get enough alteration in the atoms, molecules and biochemistry so that the actual cells begin to lose their structure as well. In the case of biology that would result in a pathological or disease process. These abnormal function alterations to the cells and nerve cells, as well as to the electrochemical nerve impulses, can lead to both immune system problems and pain.



Magnetic Resonance Analysis is the process of detecting the magnetic resonance signature of a particular organ, tissue, or substance. Magnetic resonance imprinting is the process of altering the atomic movement and affecting the molecular structure of a substance by applying a different magnetic resonance signature to the organ, tissue, or substance. Magnetic Resonance

Analysis and Magnetic Resonance Imprinting are two distinct processes and one does not produce the other. For example, analyzing a substance cannot alter its molecular structure.

TECHNOLOGY

The Magnetic Resonance Analyzer, MRA™

The MRA was developed originally for pre-diagnostic magnetic resonance scanning through the measurement of abnormal magnetic resonance pattern information in specific tissues and organs. The MRA has the potential to detect future health problems before other biochemical or cellular alterations occur. This will create an extremely early diagnostic potential at a point before illness manifests and becomes serious.

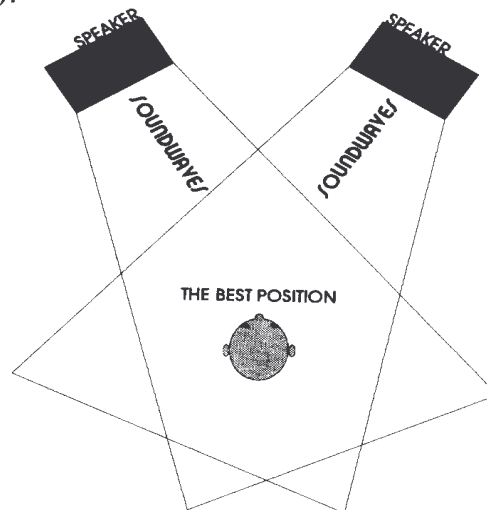
Pain Relief

The Magnetic Resonance Analyzer, according to present studies, is able to reduce or eliminate pain by applying correcting magnetic resonance pattern information. Hado Music is the result of the application of these concepts into the field of acoustics. The MRA was used in our research and testing to determine which notes and sounds were equivalent to correcting magnetic resonance patterns for use in HADO MUSIC. University studies are now being organized to determine the effective rate of Hado Music.

INSTRUCTIONS FOR USE

To achieve the best results when using Hado Music, your sound system speakers should be placed in a position of best sound cross over (see illustration below).

To achieve the best results when using Hado Music, your sound system speakers should be placed in a position of best sound cross over (see illustration below).



The volume should be loud, but not so loud as to be uncomfortable.

It is best to be comfortably seated or in a comfortable reclined position.

We recommend the use of a Hi Fi Stereo system in order to be subjected to a wide range of speaker frequency response, and to prevent distortion caused by inferior amplification.

We've utilized state-of-the-art digital technology from tracking, mixing, mastering and pressing of the CD's to uphold the utmost accuracy throughout the reproduction process. This ensures that the listener of Hado Music CD's will be exposed to all the benefits of Magnetic Resonance testing, in addition to having achieved audiophile music quality for listening enjoyment. Because of this you may leave your graphic equalizer on level settings if you are using high quality stereo equipment

It is important that your whole body be exposed to the Hado Music. In addition to what you consciously hear, the sound waves and patterns that contact your body are therapeutic according to our theories. Because of this, it is best that you do not use head phones when listening to Hado Music. Listening to Hado Music in your automobile provides excellent body exposure to the Hado Music sound waves.

For the best results listen to the whole album in the order of the listed songs. Many people leave Hado Music running in the background on repeat.

In times of greatest need listen to your Hado Music album at least 3 times per day.

The best times to use HADO MUSIC

- ∞ When you feel run down and need an energy uplift.
- ∞ When you start to feel ill.
- ∞ When you are ill.
- ∞ When you are experiencing pain.
- ∞ When you are having trouble concentrating.
- ∞ When you have jet lag.
- ∞ When you would like some entertainment and enjoyment.

Specialized uses

- ∞ For an abbreviated session listen to **IMS 110** followed by **IMS 140**
- ∞ To Relax listen to **IMS 120**
- ∞ To improve concentration listen to **IMS 130**. Try playing it in the background on repeat.
- ∞ For a quick energy boost listen to **IMS 140**

THE APPLICATION OF THE MRA™ FOR IDENTIFYING AND CREATING HEALING MUSIC.

By Abbas Riazzi, Ph.D. Electrical Engineering, M.S. Physics, B.S. Mathematics, B.S. Physics

Based on scientific research (1-6), it has been determined that certain types of music, that is sound waves of appropriate phase and frequency content (harmonics), can have many beneficial effects. These effects include enhancing relaxation, improving learning efficiency, promoting religious and spiritual experience, and improving endurance. Furthermore, appropriate type of music can relieve pain and help in preventing and eliminating many types of physical and psychological illnesses. There are also certain types of music that can have negative adverse effects. For example, researchers have revealed that rock music can raise heart rate and cause fatigue. Certainly music can affect both mind and body.

Music and sound waves have been found (6) to change brain wave activity and affect consciousness. Tokyo researcher Dr. Norio Owaki, did a ten-year study on certain kinds of sound patterns that can induce alpha brain waves. Why are we moved by music? One reason may be that the body itself is intrinsically musical, right down to DNA that makes up our genes. The idea that DNA and music might be connected comes from the work of Susumu Ohno, a geneticist at the Breckman Research Institute in California. Larry Dossey (1) writes, "Many living organisms communicate so richly through sound that it is hard to imagine their surviving without it. In many species the life-sustaining process of mating and reproduction rely solidly on systems of calls -- bird song and songs of whales are examples -- that are bewildering, complex, and in some cases decidedly musical. Sound and continuation of life go hand in hand. In humans, the physical body reflects the sound we perceive, down to the biochemical level."

The work of several physicists (7-8) has revealed that DNA and human cells have certain modes of vibrations. These vibrational modes may form the basis for interaction of electro- magnetic radiation and sound waves with living tissue and how such waves influence humans both physically and psychologically. Furthermore, based on principles of Quantum physics, there is a resonance magnetic field associated with each human tissue (organ) due to electron movement (spin) in the atomic level. It is possible for these resonant magnetic fields to be influenced and changed when exposed to sound waves (music). Different types of music can induce a different type of effect on a tissue (organ) and its associated magnetic fields. The changes in magnetic field of a given organ due to various types of music can be measured with a magnetic resonance measuring device such as MRA.

Using MRA, (9-11) which is a magnetic resonance spectrometer together with therapeutic applications, a circuit is established to send and receive information to and from the nervous system. The circuit allows MRA to digitize magnetic resonance of normal tissue and any phase shifted magnetic resonance which is characteristically emitted from abnormal tissue. Consequently MRA has the capability to determine which type of music has positive healing effects and also how to produce such life enhancing music.

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THE MAGNETIC RESONANCE ANALYZER AND HADO MUSIC

By Yolanda Jacques, Ph.D. Physics, M.S. Chemistry, B.S. Mathematics, B.S. Education, B.S. Physics.

For centuries Health care has been rooted in the various medicinal services. For the people who respond in what is termed the normal sense, general medicine, psychotherapy, and chiropractic work among other long standing practices all with success at a certain level. Because we all have a unique atomic signature, there are many people that have been labeled "non-responders" to conventional medical care and are left on their own to find an answer to their health problems.

Magnetic fields, phase shifts, and human atomic signatures are factors which when brought together correctly and in harmony produce sympathetic vibrations that work to benefit health in all areas. Science has discovered that sound waves at appropriate frequencies with the correct phase shift have very beneficial effects. This is more accurately termed music. K. C. Cole in "Reflections on Physics as a Way of Life," writes that sound waves (in terms of music) affect all living organisms and living without them increases risk in shortening the life span and certainly affects the quality of life of the organism. In fact living without it in some cases is impossible.

MRD has developed the MRA (Magnetic Resonance Analyzer). Simply described, the MRA establishes a circuit to send and receive information to and from the nervous system. An associated magnetic field is connected with each human tissue (organ), based on principles in Quantum Physics. The MRA has the capability to analyze the magnetic fields and the needed phase shift for an individual's atomic signature. Different types of music have different effects on an organism. An organism's magnetic field will be influenced and changed when exposed to sound waves (music). Different types of sound waves have different effects on each tissue and it's associated magnetic field. The MRA system, has the capability of determining what type of music has the most beneficial effect in the tissues associated with the body as well as the mind. With Hado music, the most beneficial, and positive effects for the entire human system is created. The quality of life is also enhanced. This music can be used at any time and is recommended all the time given the lifestyle demanded of us today.

COMMENTS AND LETTERS

"The music on this CD combines established scientific principles with the exciting and melodic sounds that typify Alan Roubik's compositions. This creative blend of science and music has resulted in a listening experience that is physically and psychologically both relaxing and revitalizing. - Dr. Tony Vemon, Professor of Psychology, University of Western Ontario

"The Immune System/Pain Relief CD is incredible! It not only sounds great, but the health benefits that I've experienced set this CD apart from all others. I had severely sprained my ankle and was sent to emergency hospital, where the doctor that examined me told me that I may not be able to walk without crutches for about a week. After listening to the Hado CD all night and into the next morning, I was able to throw away the crutches and dance with my husband in our den." Wishing you continued success, Doris Berberian

"The first time I listened to 'HADO MUSIC - A Blending of Science and Music'-- I was recovering from two angiogram/angioplasty procedures and had had a stent inserted into one of the arteries in my heart.

I had been told that listening to this CD might be beneficial to my immune system and for the relief of pain. I was in a very tense frame of mind due to my inner fears because of a history of heart disease on both sides of my family.

Listening to this 'HADO MUSIC' enlisted a wide variety of emotions in me. I felt like I became part of the music and the music became a part of me. I felt very energized and very relaxed at the same time and definitely feel that listening to this CD was beneficial to both my physical and mental health.

I find that when I feel stressed, listening to the 'HADO MUSIC' will relax me."

Sincerely, Charlee Weiss

"I was recovering from a motorcycle accident in which I had injured my back and my knee and was in a lot of pain when someone came to visit me and brought along a copy of 'HADO MUSIC' for me to listen to.

They told me it would ease my tension and my pain and I scoffed at the whole concept. But, let me tell you, when the CD was finished, I not only felt much more relaxed but the extent of the pain had diminished and I was in a much better mood and frame of mind."

Yours Truly, Rick Lugliani

"I was first made aware of the 'HADO MUSIC' Immune System/Pain Relief CD when I was recovering from having broken my elbow. I was very stressed because I couldn't work and I was in a lot of pain, even with taking pain medication.

This type of musical rendition is usually not the type of music I listen to and I really didn't take the 'healing effect' seriously at all.

After listening to the CD I must tell you that I not only could appreciate the musical renditions, but I felt a sense of well being, was very relaxed, and the pain in my elbow had subsided substantially. Now, I listen to my CD even if I don't have any pain and find that it relieves my tension and make me feel good."

Thank you, Ryan Weiss

"Let me congratulate you on the development of another marvelous device utilizing magnetic resonance technology, your compact disc for immune system stimulation and pain relief. As you know Iris, my wife had been suffering terrible headaches for 27 years due to an irritative focus on the temporal lobe. When she listened to the compact disc (not knowing it's intended purpose) she became relaxed and at the end of the disc the terrible headache she had been experiencing was almost gone. She asked me if we could buy that music?, 'I like it so much it makes me feel relaxed.' As you can see, your music works so well and I feel that it will help many people.

Thank you so very much for your kindness and please keep your research moving forward. The medicine of the 21 st century will thank you for it."

Sincerely Yours, Francisco Carrillo M.D University of Oncology,
Spanish Hospital National Government Hospital #613-P 19 11520
Mexico D.F.

"I feel honored that I was in anyway able to aid in the production of this fine Compact Disc. I am convinced by my own experiences with this product that it is effective in elevating my mood and increasing the effectiveness of my immune system. When I was asked to transcribe Alan's special melodies for use in the recording studio, I had to listen to the music repeatedly. It was then I first realized how much of an effect these sonic structures had on my general health. I was able to resist repeated contact with cold viruses during the fall 'cold season' while working with this music.

Ironically, several weeks after the completion of the music transcriptions -- when I did not have a copy of the music for personal use and I did not have a copy of Alan's original tape of music -- I fell ill with a nasty virus that plagued me for seven weeks. I recall getting on the phone to Alan and begging him to get me a copy of the CD as soon as possible so I could recover! Now that I have a copy of the finished CD, I play the program once each day. I have not been ill since I have started listening to this record each day, though I have definitely been exposed to viruses in my work. Listening to this music provides the same 'pickup' in the morning as a cup of hot coffee does ... without the caffeine. I feel productive and energized. Before a performance (I am a full-time performing artist) I find that listening to this product gets my adrenaline going, and makes me more alert. I believe that this music in the same way energizes and 'alerts' my immune system, helping me to fend off viruses and to combat fatigue which makes me more susceptible to them.

Most importantly, I have been recently diagnosed with a liver disease -- Hepatitis C -- which is the same disease that forced Naomi Judd to disband the incredibly successful recording group 'The Judd's.' It is extremely important that I do not allow this disease to progress to a chronic level where it becomes life-threatening.

Part of what I must do to prevent this is to take good care of myself by caring for myself nutritionally, physically, and emotionally. I have made Hado Music a part of my complete health care program, knowing that I am giving myself the best science has to offer. I highly recommend this recording. Thank you so much for sharing this CD with me."

Sincerely, Kayte Wolf (P.S. I am listening to it as I write these very words!)