



# **DELTA LIFE SKILLS<sup>sm</sup>**



**EMOTIONAL FREEDOM IS IN YOUR HANDS with EFP<sup>sm</sup>**

***Integral Energy Psychology***

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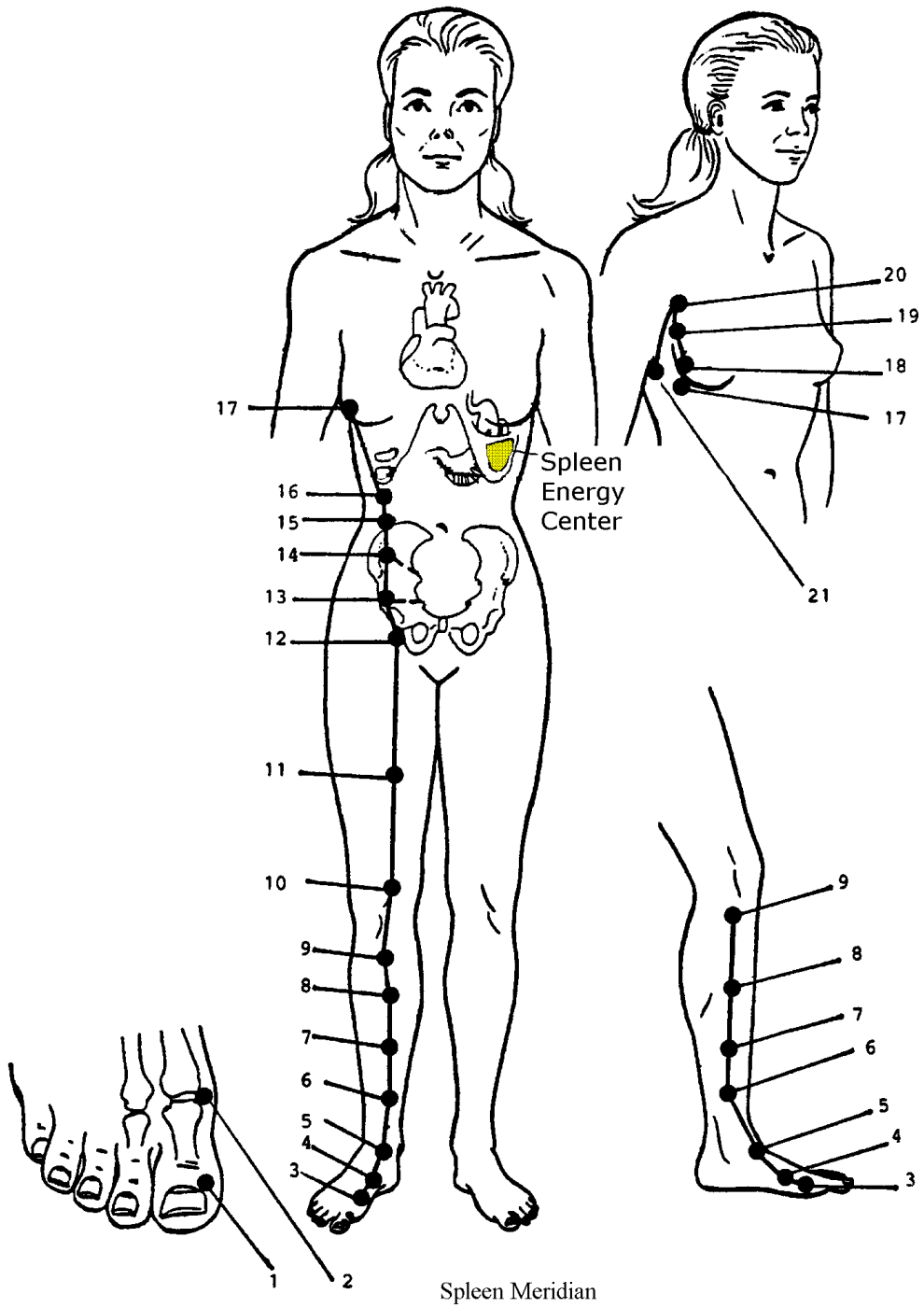
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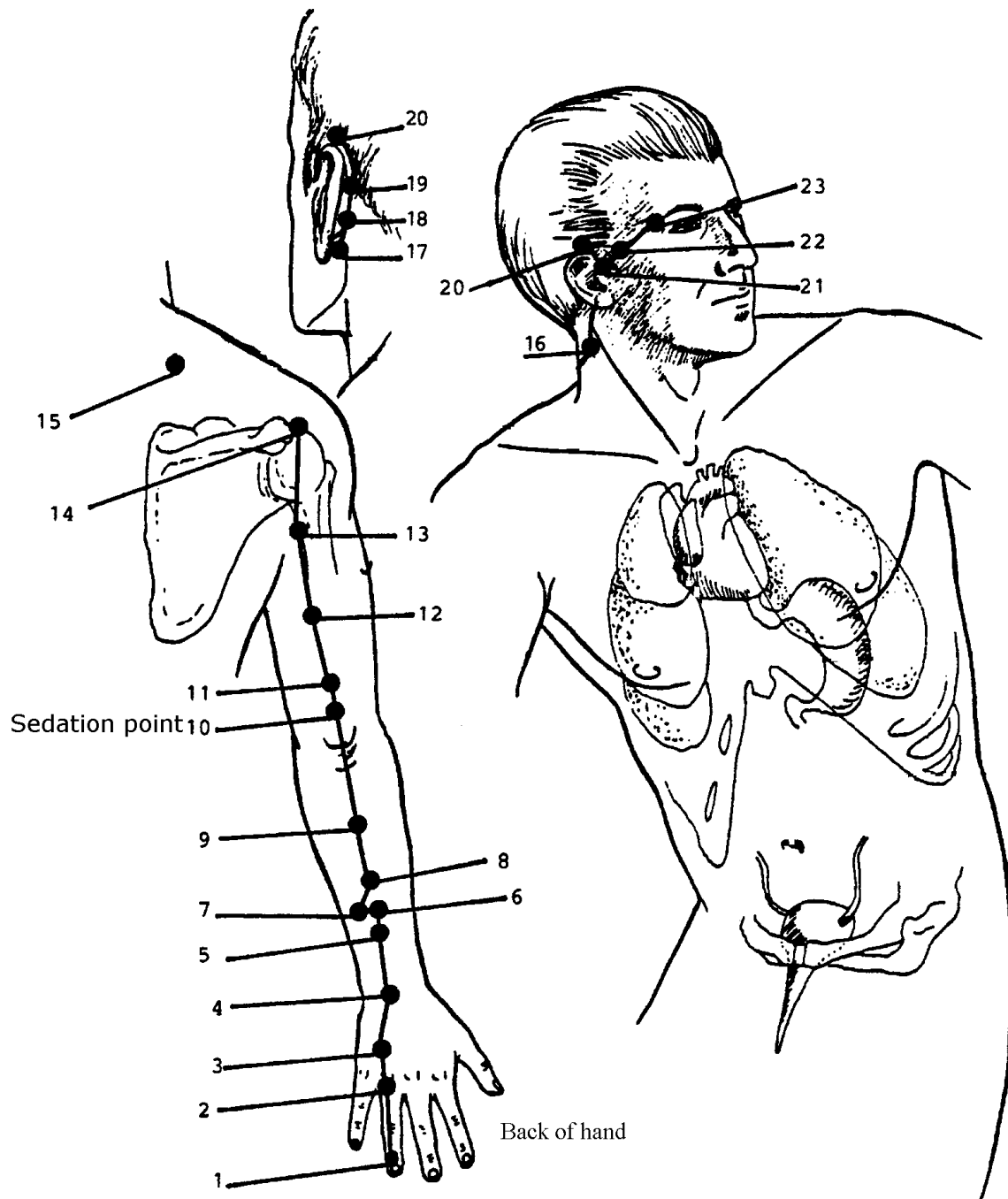
## **The major body energy/information systems used in the Radiant Energies Balance (REB)<sup>sm</sup> protocol**

2004/November

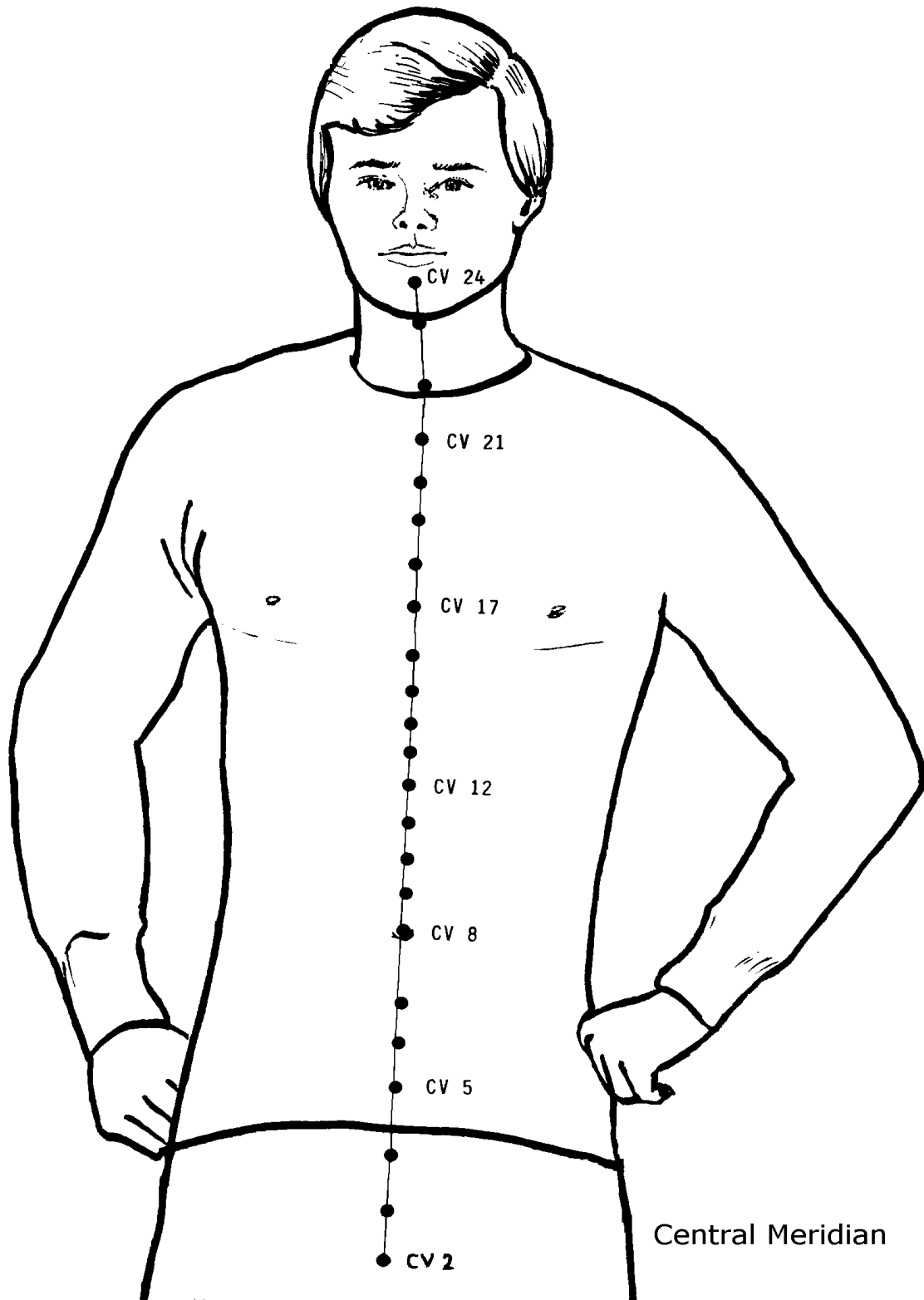
The figures for Triple Warmer, Spleen and the Chakras are simplified from Levy, S.L and C. Lehr (1996, Your Body Can Talk: How to Use Simple Muscle Testing to Learn What Your Body Knows and Needs: The Art and Application of Clinical Kinesiology, Hohm Press) The original figures they used are by Dr. John Amaro, International Academy of Clinical Acupuncture, 1981. The Central and Governing meridians are from Biokinesiology Institute (1977/1984) Take Care of Yourself Naturally. The parasympathetic and sympathetic diagrams are edited from Alcamo, I.E. (1997) Anatomy Coloring Workbook, Random house.

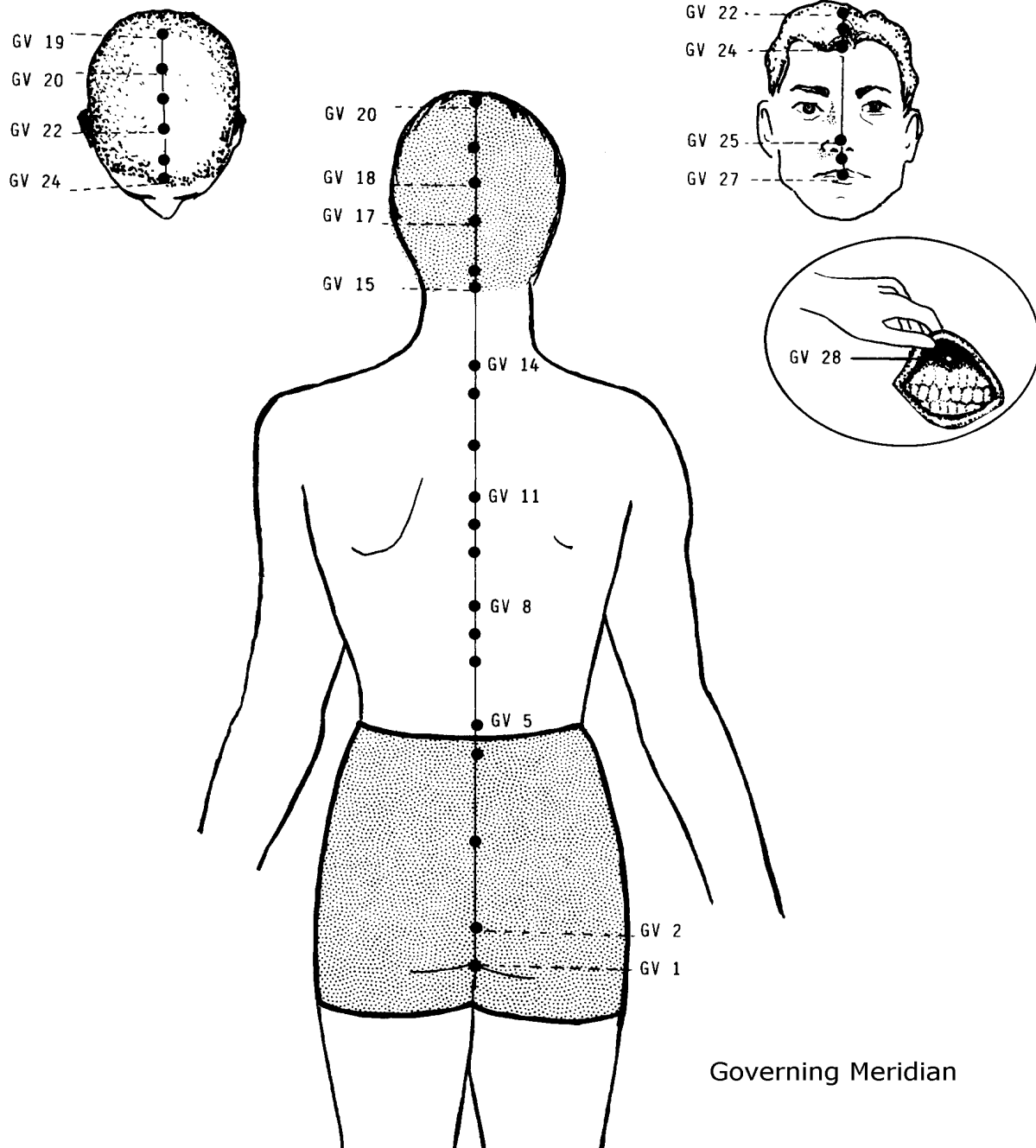


Spleen Meridian

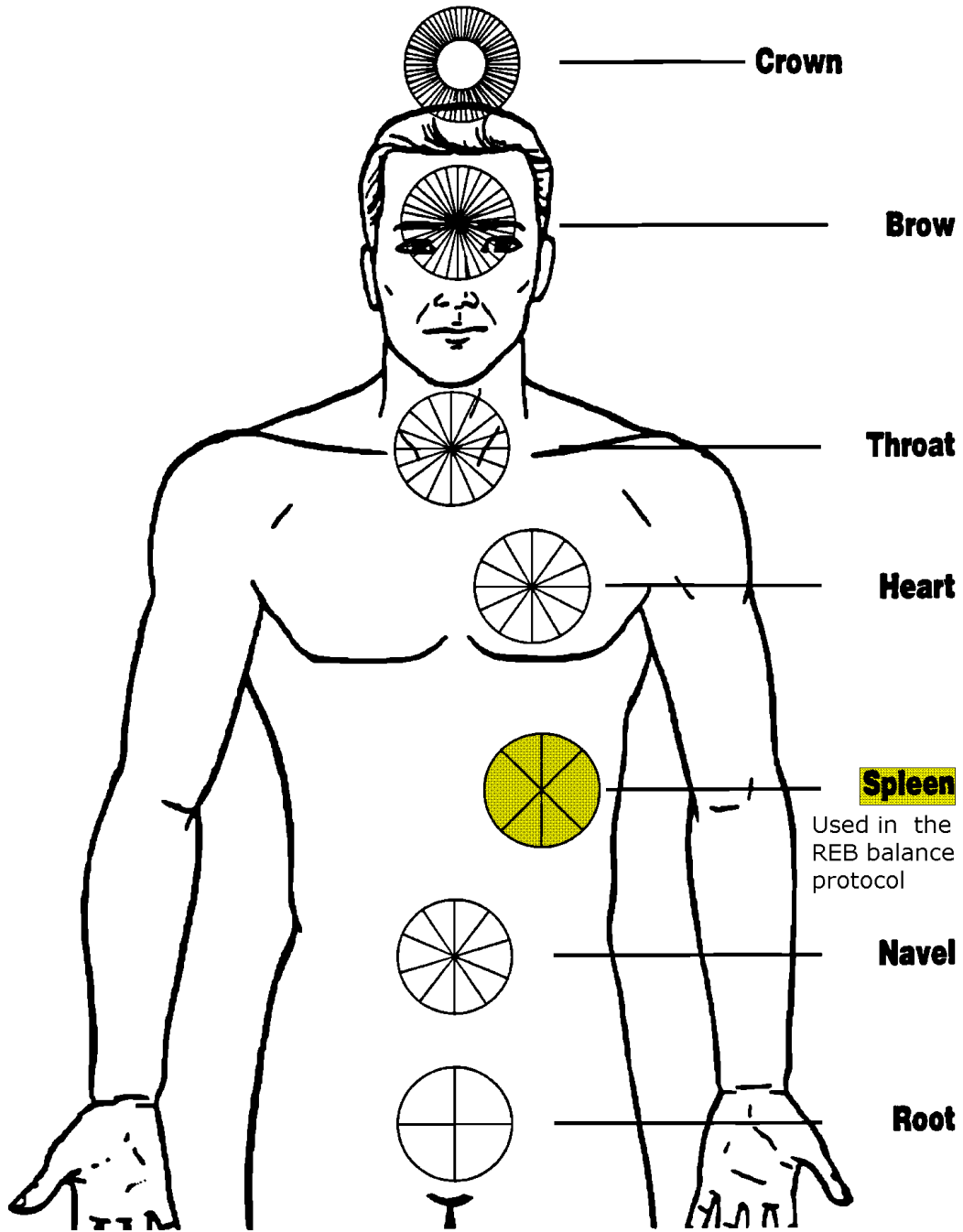


**TRIPLE WARMER MERIDIAN [Thyroid]**



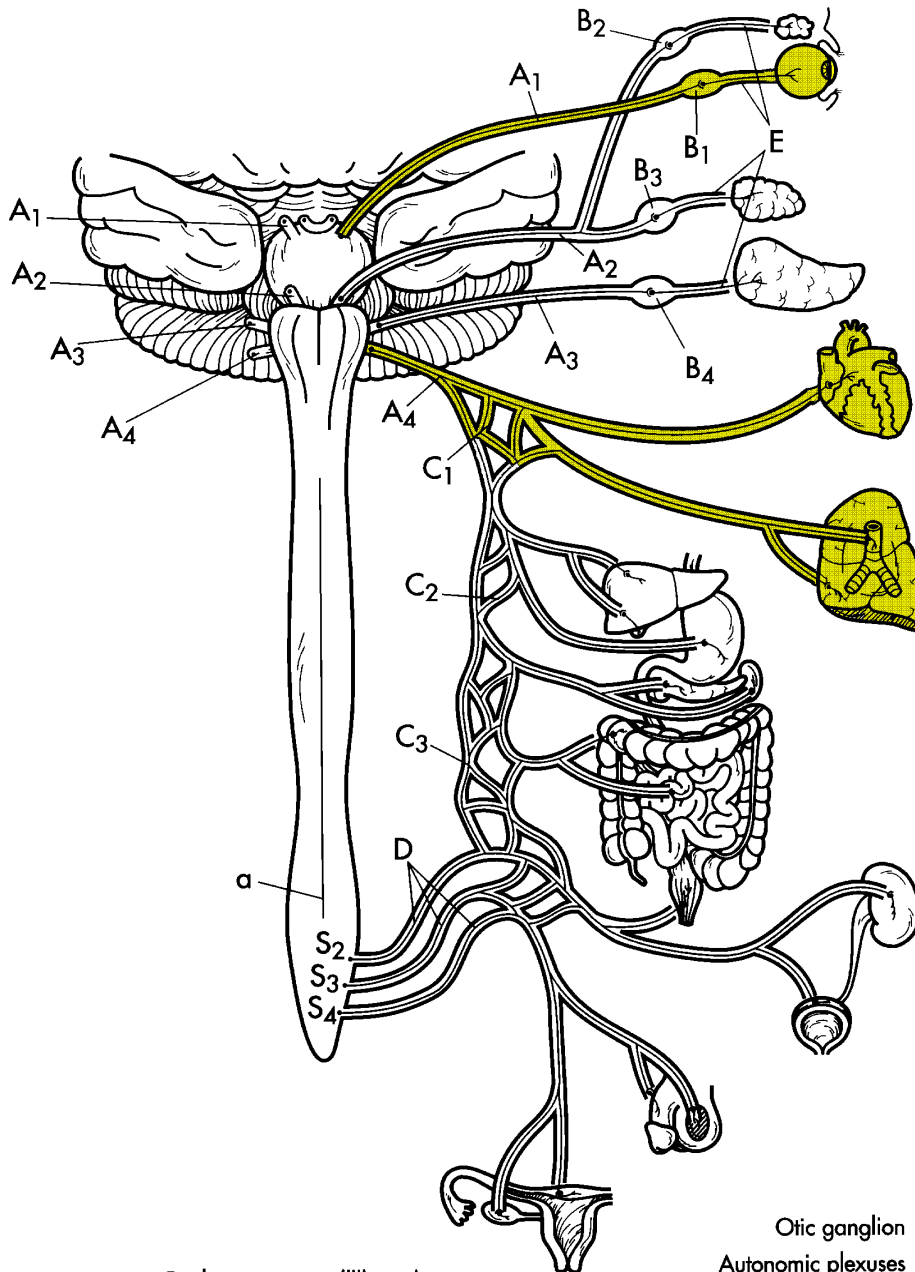


Governing Meridian



**THE CHAKRAS**

## THE AUTONOMIC NERVOUS SYSTEM (PARASYMPATHETIC)

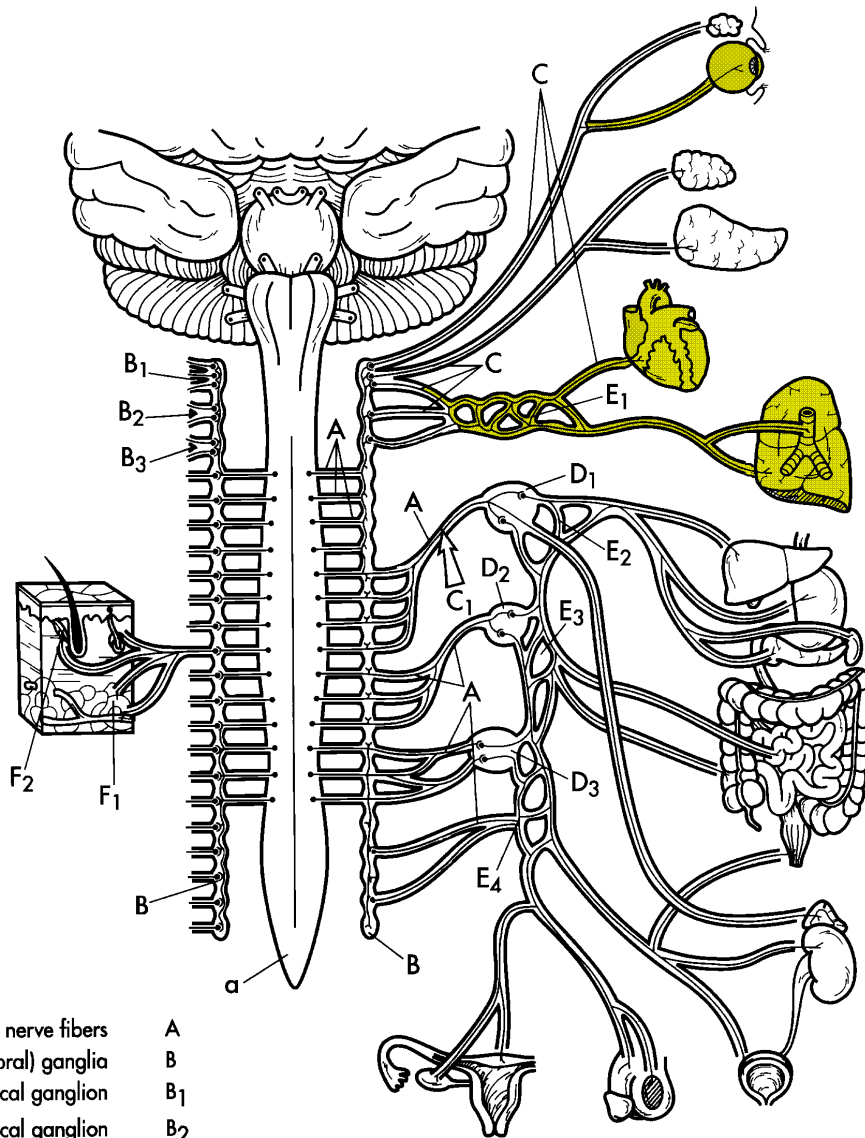


- Oculomotor nerve (III)    A<sub>1</sub>
- Facial nerve (VII)        A<sub>2</sub>
- Glossopharyngeal nerve (IX)    A<sub>3</sub>
- Vagus nerve (X)            A<sub>4</sub>
- Terminal ganglia            B
- Ciliary ganglion            B<sub>1</sub>
- Pterygopalatine ganglion    B<sub>2</sub>
- Submandibular ganglion    B<sub>3</sub>

● = Systems targeted in the REB protocol

- Otic ganglion            B<sub>4</sub>
- Autonomic plexuses    C
- Cardiopulmonary plexus    C<sub>1</sub>
- Celiac plexus            C<sub>2</sub>
- Hypogastric plexus        C<sub>3</sub>
- Pelvic splanchnic nerves    D
- Postganglionic nerve fibers    E
- Pelvic splanchnic nerves    D
- Sacral nerves            S<sub>2</sub>-S<sub>4</sub>
- Spinal cord              a

# THE AUTONOMIC NERVOUS SYSTEM (SYMPATHETIC)



- Preganglionic nerve fibers A
- Sympathetic (vertebral) ganglia B
- Superior cervical ganglion B<sub>1</sub>
- Middle cervical ganglion B<sub>2</sub>
- Inferior cervical ganglion B<sub>3</sub>
- Postganglionic nerve fibers C
- Splanchnic nerve C<sub>1</sub>
- Collateral (Prevertebral) ganglia D
- Celiac ganglion D<sub>1</sub>
- Superior mesenteric ganglion D<sub>2</sub>
- Inferior mesenteric ganglion D<sub>3</sub>
- Plexuses E
- Cardiopulmonary plexus E<sub>1</sub>

● = Systems targeted in the REB protocol

- Celiac plexus E<sub>2</sub>
- Superior mesenteric plexus E<sub>3</sub>
- Inferior mesenteric plexus E<sub>4</sub>
- Skin blood vessel F<sub>1</sub>
- Arrector pili muscle F<sub>2</sub>
- Spinal cord a